

TRENČÍN OPEN

2020

Agility & Kick

SUPERVISION

Slovak Taekwondo Association WT

ORGANISATION

ILYO – TAEKWONDO TRENČÍN

Tel: +421 904 481 001 (Jana Babinská)

ilyotaekwondo@gmail.com, www.trencinopen.sk

DATE

22. August 2020

PLACE

Športové centrum M-Sport

Na Ostrove 363, 911 01 Trenčín, Slovakia

GPS: 48° 54' 10" N 18° 2' 47" E

Please note that only indoor shoes are allowed in the sports hall.

Face masks are mandatory at all times except during the performing in the ring!

TIME TABLE

22. August:

08:00 - 8:45 - Registrations

09:00 - Head of teams meeting, referees meeting

11:00 - Contests, Award ceremony

REGISTRATION

Online: www.tpss.eu

Deadline: 19. August 2020

STARTING FEE

For each contestant 10€

LIABILITY

All competitors are considered to participate at their own risk. Slovak Taekwondo Association and Organizing Committee assume no responsibility for any damages, injuries and losses.

RULES

Zemita E-Sparring System (ZESS) - competition without risk of injury for all. Zemita device can send a hit value to a mobile device through a Bluetooth transmitter and can use it to perform various measurements and games.

DISCIPLINES

1. Agility - hurdles, run, ladders and kick to target.
2. Fighters game - two players kicking to target, win one who will have higher score.
3. Reaction and speed - kick to target with different techniques

Each athlete can attend all three disciplines. Points from all disciplines will count and athletes with high scores will get medals (1st, 2nd and 3rd place) in each category.

ACCOMMODATION

www.hotelostrov.sk, www.hotelgaborik.sk

You can contact organizer till 15. August 2020 for help with accommodation. It is possible to sleep in club gym for free.

CATEGORIES

Graduation

Class D: 10. - 7. Kup

Class C: 6. - 4. Kup

Class B: 3. - 1. Kup

Class A: 1. Dan / Poom and higher

Participants (Male / Female):

Pupils (2015-2012)

Younger Cadets (2011-2009)

Cadets (2008-2006)

Para - Cadets, Juniors and Seni