

TRENČÍN OPEN 2020

POOMSAE

SUPERVISION

Slovak Taekwondo Association WT

ORGANISATION

ILYO – TAEKWONDO TRENČÍN

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DATE

22. August 2020

PLACE

Športové centrum M-Sport

Na Ostrove 363, 911 01 Trenčín, Slovakia

GPS: 48° 54' 10" N 18° 2' 47" E

Please note that only indoor shoes are allowed in the sports hall.

Face masks are mandatory at all times except during the performing in the ring!

TIME TABLE

22. August:

08:00 - 8:45 - Registrations

09:00 - Head of teams meeting, referees meeting

10:00 - Contests

14:00 - Awarding Ceremony

REGISTRATION

Online: www.tpss.eu

Deadline: **19. April 2020**

STARTING FEE

Individual **15€**

Pair **15€**

Team **15€**

LIABILITY

All competitors are considered to participate at their own risk. Slovak Taekwondo Association and Organizing Committee assume no responsibility for any damages, injuries and losses.

RULES

WT / SATKD rules. Electronic Scoring System.

Cut off system: Preliminary: 1 poomsae,

Semifinal: 1 poomsae, Final: 2 poomsaes

REFEREES

Contact head of referees for poomsae - Miroslav Bitala:

miroslavbitala@gmail.com

AWARD PRESENTATION

Individuals: Medals + trophies for 1st places

Teams: Trophies for the 1st - 3th place

ACCOMMODATION

www.hotelostrov.sk, www.hotelgaborik.sk

You can contact organizer till 15. August 2020 for help with accommodation. It is possible to sleep in club gym for free.

CATEGORIES

Pairs: MM, MF, FF | Teams: MMM, FFF

Graduation

Class D: 10. - 7. Kup

Class C: 6. - 4. Kup

Class B: 3. - 1. Kup

Class A: 1. Dan / Poom and higher

Individual, Pairs, Teams D, C, B class

Pupils (2012 and younger)

Younger cadets (2011 - 2009)

Cadets (2008 - 2006)

Juniors (2005 - 2003)

Seniors (2002 and older)

Individual A class

Cadets (2008 - 2006)

Juniors (2005 - 2003)

Seniors under 30

Seniors under 40

Seniors under 50

Seniors under 60

Seniors under 65

Seniors over 65

Pairs, Teams A class

Cadets (2008 - 2006)

Juniors (2005 - 2003)

Seniors under 30

Seniors under 30

Freestyle – Individual, Pairs, Teams

Children (2009 and younger)

Under 17 (2008 - 2003)

Over 17 (2002 and older)

TREŇČÍN OPEN 22. 8. 2020 - POOMSAE

RULES FOR INDIVIDUAL, PAIRS, TEAMS CLASS B, C, D

Pairs and Teams Class C, in case e.g. 6. Kup + 4. Kup in pairs, they can choose lower poomsae, range of 6. Kup.

INDIVIDUAL, PAIR, TEAM	Degree	Optional poomsae
Class D	10. - 7. Kup	1, 2, 3
Class C	6. Kup	2, 3, 4, 5, 6, 7
Class C	5. Kup	3, 4, 5, 6, 7
Class C	4. Kup	4, 5, 6, 7
Class B	3. - 1. Kup	4, 5, 6, 7, 8

RULES FOR INDIVIDUAL, PAIRS, TEAMS CLASS A

INDIVIDUAL	Degree	Drawn poomsae
Class A Cadets	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang
Class A Juniors	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
Class A Seniors under 30	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors under 40	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors under 50	1. Dan and higher	8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Class A Seniors under 60	1. Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A Seniors under 65	1. Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A Seniors over 65	1. Dan and higher	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
PAIR, TEAM	Degree	Drawn poomsae
Class A Cadets	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang
Class A Juniors	1. Dan / Poom and higher	4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
Class A Seniors under 30	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Class A Seniors over 30	1. Dan and higher	6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

TREŇČÍN OPEN 22. 8. 2020 - PARA POOMSAE

Graduation for para

Class C: 10. - 5. Kup (free poomsae)

Class B: 4. - 1. Kup (free poomsae)

Class A: 1. Dan / Poom and higher (drawn poomsae)

Para P10, P20, P30, P50, P60

Children (2008 and younger)

Juniors (2007 - 2004)

Under 30 (2004 - 1989)

Over 30 (2004 and older)

RULES FOR PARA CLASS A

Para class C, B and category Children can choose poomsae free.

CATEGORIES	Age category	Drawn poomsae
Class A P10	Junior	4, 5, 6, 7, 8, Koryo, Keumgang
	Under 30	5, 6, 7, 8, Koryo, Keumgang Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A P20	Junior	Free choice poomsae Bonus points:
	Under 30	1 - 3 poomsae: No bonus points
	Over 30	4 - 7 poomsae: + 0,3 bonus points 8 - Shipjin poomsae: + 0,5 bonus points
Class A P30	Junior	4, 5, 6, 7, 8, Koryo
	Under 30	5, 6, 7, 8, Koryo, Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A P50	Junior	4, 5, 6, 7, 8, Koryo, Keumgang
	Under 30	5, 6, 7, 8, Koryo, Keumgang Taebaek, Pyongwon, Shipjin
	Over 30	8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Class A P60	Junior	6, 7, 8, Koryo, Keumgang
	Under 30	6, 7, 8, Koryo, Keumgang
	Over 30	6, 7, 8, Koryo, Keumgang

Instructions

Just P20 (after deduction 0,6 points) may perform the same poomsae in final round. Athletes from the P10 and P30 Sport Classes may choose to perform a free-choice Recognized Poomsae ranging from Taegeuk 2-jang to Hansu, instead of the Compulsory Poomsae drawn for the round of competition. In the case an athlete chooses to perform a free choice Recognized Poomsae the following deductions will be made to the final score for the Poomsae:

- Any free-choice Recognized Poomsae 0,6 deduction points.
- Taegeuk 1-jang to Taegeuk 3-jang Additional 0,5 deduction points.
- Taegeuk 4-jang to Taegeuk 7-jang Additional 0,3 deduction points.
- Taegeuk 8-jang to Shipjin No additional deduction points.